

**“WE WANT YOU TO EAT  
HEALTHY FOOD  
BECAUSE IT TASTES GREAT, NOT  
BECAUSE YOU FEEL LIKE YOU  
HAVE TO.”**

**FitBar**

# BREAKFAST

SERVES UP TO 12 p.m.

## OMELETS

whole grain bread 70 rsd - extra egg 60 rsd

<b>FIT OMELET WITH VEGETABLES</b> (vg)	430
eggs, bell pepper, mushrooms, zucchini, leek (288 kcal, 6g cho, 19g f, 23g p)	
<b>FIT PIE</b> (vg)	480
eggs, oat flakes, feta cheese, sesame seeds, pumpkin seeds (590 kcal, 34g ugh, 35g m, 35g p)	
<b>FIT OMELET WITH SPINACH</b>	570
eggs, spinach, pancetta, mozzarella, parmesan, cherry tomato (391 kcal, 4g cho, 28g f, 31g p)	
<b>VEGAN TOFU SCRAMBLE</b> (v) (vg)	570
smoked tofu, zucchini, mushrooms, bell pepper, onion, pumpkin seeds, black salt, olive oil (333 kcal, 20g cho, 18g f, 23g p)	
<b>POLENTA WITH HOMEMADE PESTO SAUCE AND GOAT CHEESE</b> (vg)	430
polenta, pesto sauce, goat cheese, chickpeas, cherry tomatoes, butter, spices (601 kcal, 70g cho, 26g f, 22 g p)	
<b>HOMEMADE GRANOLA</b> (vg)	520
granola with honey and almonds, berry chia jam, Greek yogurt, banana (584 kcal, 85g cho, 18g f, 19g p)	
<b>OAT BREAKFAST</b> (vg)	570
oat flakes, hazelnut, dates, cocoa, orange zest, vanilla extract, Greek yogurt, raspberries, banana (583 kcal, 61g cho, 27 g f, 21g p)	
<b>POACHED EGG TOAST</b>	490
whole grain bread, guacamole, eggs, tomato, pancetta, cucumber, nut mayo (637 kcal, 43g cho, 37g f, 27g p)	
<b>PEANUT BUTTER AND BERRY TOAST</b> (vg)	460
whole grain bread, peanut butter, berries, sunflower seeds, honey (556 kcal, 64g cho, 24g f, 22g p)	
<b>GUACAMOLE TOAST</b> (vg)	510
whole grain bread, guacamole, eggs, red cabbage, cabbage, carrot, cucumber, sunflower seeds, nut mayo (574 kcal, 50g cho, 30g f, 26g p)	
<b>CHICKEN SANDWICH</b>	570
chicken fillet, dairy spread, smoked cheese, tomato, lettuce (509 kcal, 47g cho, 17g f, 43g p)	
<b>SALMON SANDWICH</b>	840
salmon fillet, pumpkin seed spread, tomato, lettuce (493 kcal, 48g cho, 17g f, 37g p)	

# WRAPS AND PIZZA

\* whole grain wraps

<b>VEGAN WRAP</b> (V) (vg)	540
pumpkin seed spread, tofu, sweet potatoes, bell pepper, carrot, broccoli, zucchini, red beans, red onion (514 kcal, 65g cho, 19g f, 19g p)	
<b>EGG WRAP</b>	540
egg, dairy spread, feta cheese, pancetta, iceberg salad (560 kcal, 43g cho, 28g f, 34g p)	
<b>WRAP WITH CHICKEN AND TOFU CHEESE</b>	580
chicken fillet, pumpkin seed spread, tofu cheese, parmesan, iceberg salad (548 kcal, 42g cho, 23g f, 43g p)	
<b>WRAP WITH CHICKEN AND DIJON MUSTARD</b>	600
chicken fillet, dairy spread, dijon mustard, bell pepper, baby spinach, pancetta (584 kcal, 44g cho, 25g f, 44g p)	
<b>WRAPPED BEEF BURGER WITH SMOKED CHEESE</b>	600
beef burger, dairy spread, smoked cheese, Dijon mustard, bell pepper, sun dried tomatoes, iceberg salad, red onion (558 kcal, 47g cho, 24g f, 39g p)	

<b>PROTEIN PIZZA CAPRICCIOSA</b>	710
eggs, oat flakes, low fat cheese, pumpkin seeds, sesame, turkey ham, cheddar cheese, mushrooms, cherry tomato, arugula, zero ketchup, oregano (697 kcal, 40g cho, 37g f, 51g p)	

<b>PROTEIN PIZZA CAPRESE</b>	770
eggs, oat flakes, low fat cheese, pumpkin seeds, sesame, beef prosciutto, mozzarella, cherry tomatoes, black olives, pesto sauce (739 kcal, 38g cho, 39g f, 59g p)	

# SOUPS

<b>SOUP WITH VEGETABLES</b> (vg)	280
(78 kcal, 9g ugh, 2g m, 6g p)	
<b>TOMATO SOUP</b> (V) (vg)	310
(85 kcal, 13g ugh, 1g m, 6g p)	
<b>POTTAGE</b> (V) (vg)	320
(175 kcal, 18g ugh, 10g m, 3g p)	

# PASTAS







\*whole grain pasta

<b>PASTA WITH HOMEMADE PESTO SAUCE</b> (vg)	680
cashew, parmesan, ginger, lemon juice, basil, persley, garlic, olive oil (686 kcal, 63g cho, 35g f, 30g p)	
<b>PASTA WITH CHICKEN AND MOZZARELLA</b>	710
chicken fillet, mozzarella, sun dried tomatoes, bell pepper, butter, garlic (688 kcal, 63g cho, 30g f, 41g p)	
<b>PASTA WITH CHICKEN IN CASHEW SAUCE</b>	750
chicken fillet, cashew, chickpeas, spinach, butter, parmesan (765 kcal, 67g cho, 34g f, 48g p)	

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# SPECIALS

**MEAL OF THE DAY (serves after 12 p.m., changed daily, not available on weekends) 570**

- QUINOA BURGERS AND MASHED PEA**  710  
quinoa, sun dried tomatoes, mozzarella, leek, oat flour, eggs, mashed peas (592 kcal, 52g cho, 28g f, 33g p)
- ZUCCHINI NOODLE WITH CHICKEN / BEEF** 760 / 760  
ground chicken fillet or ground beef, zucchini, parmesan, homemade tomato sauce, spices  
(325 kcal, 20g cho, 12g f, 32g p / 378 kcal, 22g cho, 17g f, 33g p)
- CHICKEN / BEEF PROTEIN BURGER** 820 / 820  
ground chicken fillet or ground beef, egg, low fat cheese, oat flakes, pumpkin seeds, sunflower seeds, sesame, panceta, iceberg, tomato, red onion, nut mayo  
(702 kcal, 28g cho, 39g f, 59g p / 808 kcal, 28g cho, 52g f, 58g p)
- FITBAR CHICKEN BURGERS** 860  
ground chicken fillet, leek, cheese, egg, grilled vegetables with almonds (648 kcal, 18g cho, 29g f, 79g p)
- OYSTER MUSHROOM AND TRUFFLE RISOTTO**   830  
brown rice, oyster mushrooms, truffles, mushrooms, chickpeas, cashews (563 kcal, 78g cho, 19g f, 20g p)
- VEGETARIAN BURGER**  840  
oat flour, egg, low fat cheese, pumpkin seeds, sunflower seeds, sesame, vegan burger, iceberg, cheddar, red onion, guacamole, nut mayo (674 kcal, 38g cho, 41g f, 38g p)
- TURKEY SESAME MEATBALLS** 930  
turkey fillet, mozzarella, polenta, sesame, leek, peas, corn, pancetta, Greek yogurt, spices, sesame  
(671 kcal, 54g cho, 26g f, 54g p)
- SAUTEED BEEF WITH MOZZARELLA AND SWEET POTATO** 930  
ground beef, sweet potato, black olives, mozzarella, parmesan, tomato sauce, butter  
(632 kcal, 28g cho, 38g f, 40g p)
- SHREDDED BEEF ON GRILLED POLENTA** 930  
polenta, shredded beef, roasted bell pepper sauce, goat cheese, butter, black sesame  
(606 kcal, 44g cho, 30g f, 39g p)
- KETO BEEF BURGER** 910  
ground beef, pancetta, red onion, iceberg, mozzarella, peanut butter, keto bread  
(751kcal, 12g cho, 57g f, 45g p)
- KETO CHICKEN BURGER** 920  
chicken burger, pancetta, tomato, mozzarella, avocado, red onion, parsley, keto bread  
(618 kcal, 11g cho, 48g f, 53g p)
- FETA AND HOMEMADE PESTO STUFFED CHICKEN** 890  
chicken fillet, feta, homemade pesto, edamame, peas, broccoli (671 kcal, 31g cho, 32g f, 64g p)
- PROTEIN PLATE** 900  
chicken fillet, peanut butter, cashew nuts, egg, mozzarella, pineapple, brown rice with vegetables  
(788 kcal, 47g cho, 40g f, 59g p)
- VEGAN PROTEIN PLATE**   1030  
vegan burger, sweet potatoes, peas, edamame, broccoli, cranberries, quinoa, nut mayo  
(704 kcal, 74g cho, 32g f, 30g p)
- SESAME CRUSTED SALMON WITH BROCCOLI** 1410  
salmon fillet, broccoli, spinach, sesame, butter (439 kcal, 9g cho, 27g f, 40g p)
- SALMON WITH AVOCADO SALSA** 1410  
salmon fillet, avocado, parsley, garlic, cherry tomatoes, black rice with vegetables and cashews  
(602 kcal, 40g cho, 33g f, 36g p)
- BEEFSTEAK TAGLIATA** 1550  
beefsteak, brown rice with vegetables, arugula, sweet potato, pumpkin seeds, chimichurri sauce, parmesan, cherry tomato (704 kcal, 43g cho, 29g f, 66g p)

# BOWLS

<b>VEGAN</b> (V) (vg)	530
quinoa, broccoli, carrot, leek, peanut butter, sesame, peanuts, tahini (643 kcal, 31g cho, 47g f, 24g p)	
<b>BUDHA</b> (V) (vg)	660
edamame, sweet potato, quinoa, corn, red beans, avocado, carrot, red cabbage, lettuce, cherry tomatoes, tahini dressing (275 kcal, 41g cho, 7g f, 12g p)	
<b>POSH</b> (vg)	800
poached egg, sweet potato, quinoa, walnuts, homemade pesto, cherry tomatoes, halloumi cheese, nut mayo (664kcal, 26g ugh, 49g m, 30g p)	
<b>HALLOUMI</b> (vg)	780
halloumi cheese, edamame, quinoa, baby spinach, carrot, black olives, chickpeas, pomegranate, orange juice, nut mayo (516 kcal, 45g cho, 24g f, 30g p)	
<b>TEMPEH</b> (V) (vg)	810
edamame, tempeh, lettuce, cherry tomatoes, cucumber, tahini dressing (381 kcal, 34g cho, 13g f, 34g p)	

# MEAT SALADS

<b>PROTEIN SALAD</b>	700
chicken fillet, green salad mix, cherry tomatoes, red beans, almonds, egg white, feta cheese (435 kcal, 11g cho, 24g f, 43g p)	
<b>TUNA SALAD</b>	740
tuna, green salad mix, egg, goat cheese, pumpkin seeds (366 kcal, 14g cho, 14g f, 38g p)	
<b>KETO TURKEY SALAD</b>	770
turkey fillet, green salad mix, cheddar, mozzarella, pancetta, pumpkin seeds, egg (538 kcal, 7g cho, 31g f, 51g p)	
<b>BEEFSTEAK SALAD</b>	1130
beefsteak, arugula, cherry tomatoes, egg, sesame, parmesan, croutons (405 kcal, 14g cho, 17g f, 49g p)	

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# FRESH SALADS

\* meat, fish or burgers extras available

<b>CABBAGE SALAD</b> (V) (vg)	220
finely shredded raw cabbage (94 kcal, 12g cho, 2g f, 2g p)	
<b>COLORFUL MIX</b> (vg)	350
lettuce, bell peppers, cabbage, carrot, corn (82 kcal, 16g cho, 1g f, 3g p)	
<b>GREEN MIX</b> (vg)	360
green salad mix, baby spinach, broccoli, leek, pumpkin seed (76 kcal, 7g cho, 2g f, 6g p)	
<b>SESONAL</b> (V) (vg)	400
lettuce, cherry tomatoes, bell peppers, cucumber, broccoli, mushrooms (82 kcal, 16g cho, 1g f, 3g p)	
<b>NEST</b> (vg)	400
green salad mix, baby spinach, broccoli, leek, pumpkin seed (76 kcal, 7g cho, 2g f, 6g p)	
<b>FRESHLY PAINTED</b> (vg)	400
green salad mix, beetroot, broccoli, pumpkin seeds, feta (153 kcal, 12g cho, 8g f, 9g p)	
<b>OASIS</b> (vg)	420
green salad mix, beetroot, cranberry, cashew, goat cheese (300 kcal, 14g cho, 19g f, 11g p)	
<b>BROCCOCO</b> (vg)	420
broccoli, green salad mix, pancetta, cranberry, sunflower seeds, cheddar cheese (258 kcal, 13g cho, 18g f, 9g p)	
<b>EDAMAME</b> (vg)	440
edamame, green salad mix, baby spinach, beet, dates, apple, pumpkin seeds, walnuts (277 kcal, 36g cho, 10g f, 11g p)	
<b>ASIA</b> (V) (vg)	460
edamame, red cabbage, cabbage, carrot, beet, leek, sesame, peanuts	

# MEAT, FISH, BURGERS

\* suggestion: combine with salad or a side dish

<b>CHICKEN FILLET (100g, 150g, 200g)</b>	280/ 330/ 380
(155 kcal, 22g p/ 100g)	
<b>TURKEY FILLET (100g, 150g, 200g)</b>	340/ 420/ 520
(147 kcal, 22g p / 100g)	
<b>BEEFSTEAK (100g, 150g, 200g)</b>	630/ 820/ 1100
(193 kcal, 29g p / 100g)	
<b>CHICKEN BURGER (100g, 200g)</b>	300/ 480
(160 kcal, 24g p / 100g)	
<b>BEEF BURGER (100g, 200g)</b>	320/ 530
(179 kcal, 20g p / 100g)	
<b>VEGAN BURGER (120g)</b> (V) (vg)	420
(251 kcal, 15g p/ 100g)	
<b>SMOKED TROUT FILLET (100g, 150g, 200g)</b>	390/ 560/ 700
(114 kcal, 21g p / 100g)	
<b>SALMON FILLET (100g, 150g, 200g)</b>	640/ 910 / 1130
(99 kcal , 18g p/ 100g)	

(V) VEGAN DISH

(vg) VEGETARIAN DISH

# SIDES

\* predlog: kombinujte uz meso, ribu ili burger





## GRILLED VEGETABLES

<b>FIT MIX GRILLED VEGETABLES</b> (V) (vg)	290
carrot, broccoli, mushrooms, cabbage (116 kcal, 16g cho, 4g f, 5g p)	
<b>GARDEN MIX GRILLED VEGETABLES</b> (V) (vg)	310
carrot, bell pepper, zucchini, broccoli, red onion (111 kcal, 15g cho, 4g f, 4g p)	
<b>GREEN GRILLED VEGETABLES</b> (V) (vg)	410
edamame, peas, broccoli (191 kcal, 18g cho, 8g f, 11g p)	
<b>BROWN RICE WITH VEGETABLES</b> (V) (vg)	290
(218 kcal, 35g ugh, 7g m, 3g p)	
<b>MASHED PEAS</b> (V) (vg)	310
(201 kcal, 28g ugh, 5g m, 11g p)	
<b>BLACK RICE WITH VEGETABLES</b> (V) (vg)	330
(247 kcal, 49g ugh, 3g m, 8g p)	
<b>SWEET POTATOES FRIES</b> (V) (vg)	460
(187 kcal, 43g ugh, 0g m, 4g p)	








## FIT DESSERTS & SNACKS

<b>PROTEIN ROCHER BOMB</b> (vg)	260
dark chocolate, coconut milk, protein cheese, hazelnut, whey protein, coconut oil (142 kcal, 8g cho, 9g f, 10g p)	
<b>ORANGE RASPBERRY BAR</b> (vg)	270
peanut butter, diet biscuit, whey protein, dark chocolate, berry chia jam, orange juice (239 kcal, 17g cho, 14g f, 12g p)	
<b>RAW SNICKERS</b> (V) (vg)	270
dates, cashew, coconut, peanut butter, coconut oil, dark chocolate (382 kcal, 17g cho, 30g f, 11g p)	
<b>FRUIT SALAD</b> (V) (vg)	330
fresh seasonal fruit (183 kcal, 43g cho, 3g f, 1g p)	
<b>RAW CAKE</b> (V) (vg)	370
dates, hazelnut, cashew, cocoa, vanilla extract, coconut oil, dark chocolate (382 kcal, 17g cho, 30g f, 11g p)	
<b>RAW CHOCO CHEESE CAKE</b> (V) (vg)	360
coconut cream, coconut oil, coco, cashews, walnuts, dates, dark chocolate (402 kcal, 19g cho, 31g f, 11g p)	
<b>LEMON RASPBERRY RAW CAKE</b> (V) (vg)	360
coconut cream, coconut oil, almonds, dates, lemon juice, lemon zest, raspberries, soy milk, vanilla extract, curcuma (411 kcal, 16g cho, 34g f, 12g p)	

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<b>TIRAMISU RAW CAKE</b>  	420
hazelnuts, almonds, cashews, dates, espresso powder, dark chocolate, vanilla extract coconut oil, coconut cream (510 kcal, 33g cho, 37g f, 10g p)	
<b>PROTEIN CHIA PUDDING</b> 	520
chia seeds, milk, cocoa, chocolate whey protein, raspberries, almond, dark chocolate (395 kcal, 28g cho, 19g f, 28g p)	
<b>PROTEIN FRUIT SALAD</b> 	520
fresh seasonal fruit, vanilla whey protein, Greek yogurt, hazelnut (482 kcal, 43g cho, 23g f, 26g p)	

## PROTEIN & KETO PANCAKES

<b>PROTEIN BLUEBERRY AND ALMOND PANCAKES</b> 	520
oat flakes, eggs, banana, whey protein, blueberries, almonds, honey, Greek yogurt (584 kcal, 63g cho, 25g f, 26g p)	
<b>PROTEIN PEANUT BUTTER PANCAKES</b> 	520
oat flakes, eggs, banana, whey protein, peanut butter, dark chocolate (708 kcal, 59g cho, 37g f, 33g p)	
<b>CRUNCHY PROTEIN PANCAKES</b> 	520
oat flakes, eggs, banana, whey protein, Greek yogurt, berries, granola, pineapple (528 kcal, 56g cho, 21g f, 29g p)	
<b>PROTEIN PANCAKES WITH DIET BISCUIT AND PUDDING</b> 	520
oat flakes, eggs, banana, whey protein, dark chocolate, diet biscuit, milk (682kcal, 71g cho, 31g f, 30g p)	
<b>KETO PANCAKE</b> 	580
eggs, whey protein, coconut flour, soy milk, peanut butter, dark chocolate, raspberries, hazelnut (572 kcal, 18g cho, 44g f, 26g p)	
<b>KETO PANCAKE WITH HAZELNUTS AND VANILLA PUDDING</b> 	610
eggs, whey protein, coconut flour, soy milk, dark chocolate, hazelnut, milk (540 kcal, 18g cho, 36g f, 36g p)	
<b>PROTEIN PANCAKES WITH ICE CREAM AND DARK CHOCOLATE</b> 	630
oat flakes, eggs, banana, whey protein, forest fruit mix, dark chocolate, icecream, diet cookie (705 kcal, 68g cho, 35g f, 30g p)	



# FIT DRINKS

## COLD PRESSED JUICES 0,3L

<b>LEMONADE</b>	250
<b>FRESH SQUEEZED ORANGE</b>	340
<b>VERIFIED TRIO</b> apple, beetroot, carrot	370
<b>BATTERY CHARGER</b> orange, banana, apple	370
<b>BLOOM</b> orange, apple, cherry	370
<b>IRON PLUS</b> apple, spinach, pineapple	380
<b>IMUNOFIT</b> carrot, apple, orange, ginger	380
<b>HIGH C</b> red grapefruit, orange, lemon, mint	400
<b>DETOX</b> red grapefruit, apple, carrot, beetroot, ginger	400
<b>PINKY</b> raspberries, orange, pineapple	400
<b>PURPLE HEART</b> raspberry, apple, blackberry, blueberry	400
<b>Dr GREEN</b> apple, spinach, celery, cucumber, lemon, ginger	400
<b>SLIMFIT</b> apple, pineapple, lemon, mint	400

## SMOOTHIES 0,4L

<b>NUTRI BOMB</b> banana, apple, dates, peanut butter, cinnamon, hazelnut, chia seeds, water (570 kcal, 50g cho, 35g f, 13g p)	420
<b>BALANCE</b> banana, carrot, almond, dates, ginger, cinnamon, nutmeg, soy milk (491 kcal, 55g cho, 22g f, 18g p)	420
<b>JOGI</b> banana, spinach, carrot, zucchini, lemon, turmeric, cinnamon, coconut oil, soy milk (263 kcal, 38g cho, 7g f, 12g p)	430
<b>SWEET MIX</b> banana, hazelnut, cocoa, dates, coconut flour, vanilla soy milk (384 kcal, 52g cho, 13g f, 17g p)	430
<b>CHOCO CHERRY</b> avocado, sour cherry, banana, cashew, cocoa, milk (432 kcal, 40g cho, 21g f, 20g p)	450

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# PROTEIN SHAKES 0,4L

\* protein scoop extra 120 rsd

\* vegan on request

<b>ENERGIZER</b>	470
chocolate whey protein, milk, banana, homemade granola (415 kcal, 50g cho, 9g f, 33g p)	
<b>CHEESE CAKE</b>	480
Greek yogurt, whey protein, vanilla, milk, raspberries (429 kcal, 28g cho, 17g f, 41g p)	
<b>PRE WORKOUT</b>	490
banana, whey protein vanilla, soy milk, espresso (334 kcal, 42g cho, 6g f, 28g p)	
<b>MAGIC</b>	480
apple, walnuts, cinnamon, whey protein vanilla, milk (446 kcal, 37g cho, 18g f, 34g p)	
<b>PERFECT</b>	500
hazelnuts, oat flakes, whey protein chocolate, soy milk (483 kcal, 41g cho, 17g m, 42g p)	
<b>VEGAN POWER</b>	520
vegan protein, soy milk, pineapple, banana, coconut, oat flakes (392 kcal, 49g cho, 9g f, 31g p)	

## OTHER DRINKS

<b>NOCCO 0.33l</b>	380
<b>GREEN COLA 0.33l</b>	270
<b>KNJAZ MILOŠ MINERAL WATER 0.25l</b>	200
<b>ROSA STILL WATER 0.33l</b>	190